

Children Looked After Team

Westmead Clinic

Westmead

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Targets

All targets in May, June, July and August were met for initial health assessments from health. We have reach 100% for review health assessments in all months, with the exception of June. We obtained a 93% level in June– this was one child and was caused by an administrative error. To ensure this error will not happen again we have put into place a procedure where the admin team check the paperwork with a clinician when it is different paperwork to our own.

Month	Target For IHA's 100%	Target for RHA's 100%	Number seen in timescales	
May	100%	100%	20% IHA	84% RHA
June	100%	93%	41% IHA	79% RHA
July	100%	100%	57% IHA	71% RHA
August	100%	100%	83 % IHA	100% RHA

Staffing

We have successfully recruited to the post of GP with Special Interest and our new Doctor is currently undertaking her induction programme. The Designated Doctor and Medical Advisor for Hillingdon continues to cover the Designated Doctor and Medical Advisor role for Harrow.

CCG

Monthly monitoring meetings continue with the CCG and monthly reports are produced.

Work Undertaken

Support to Social Workers on a weekly basis both face to face and via telephone.

Designated Nurse provided training for Local Authority's partnership induction.

Monthly Liaison with YOT (Youth Offending Team) and Morning Lane.

Attendance at MASE panel, strategy meetings.

Designated Nurse and CLA Specialist Nurse attended 'Future In Mind' workshop and raised CLA as a priority in the redesign of mental health services in Harrow

Meeting with Morning Lane agreed introduction of RCADS (emotional health and well-being questionnaire) for those CLA who during their health assessment may require counselling or referral to CAMHS. CLA Nurse has completed 2 questionnaires with young people and met with Morning Lane who will assess and score the questionnaire and decide on appropriate referrals.

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Designated Nurse for CLA attended early intervention service consultation where needs of CLA were discussed.

We have been working with the Local Authority to look at late requests. Health Business Support Administrator met with one of the teams and created a single framework episode which resulted in improvements.

Client satisfaction audit completed and the results are currently being analysed.

Helped Social Worker to obtain CHAT for young person on remand.

Information sent to Harrow CSE Manager via Safeguarding Children Advisor for CNWL to help with mapping cases to assist in the development of the profile around harmful and sexual behaviour in children and young people, to inform the collective strategy.

CLA Specialist Nurse provided training to 2 student nurses. Thank you card received from one of the student nurses.

'To the LAC team, I would like to thank you for all the learning opportunities over the last few weeks. You have taught me a lot. I have enjoyed every minute. Thank you all very much.'

We had a successful joint one year celebration of our partnership working with Harrow CCG and Harrow Council on the 16th June. This was shared on the CNWL website – news section.

Immunisations

We gathered health information and statistics for the business intelligence partners with regard to immunisation data. Identification of those children who still have outstanding immunisations and this information has been shared with Harrow Council for the children's social worker and IRO's to monitor as well as health.

Risk Assessment

We have undertaken a risk assessment pertaining to limitations of sharing of information between health providers on SystmOne- we have added this risk to the CNWL Children's risk register within Hillingdon. This will be regularly reviewed and escalated.

We have existing controls in place to mitigate the risk which includes a communication protocol, contact with the School Nurses and Health Visitors via telephone, email and face to face, a copy of the CLA health recommendations sent to the School Nurses and Health Visitors, meetings with School Nurses and School Nurse Manager.

Care Leavers and Health Passport Update

CLA Specialist Nurse presented at leaving care conference. The theme was a healthy lifestyle and she devised a young person friendly, simple to read health quiz including topics about healthy eating, exercise, dental care, smoking, alcohol and sexual health. Interpreters were present to help the young people to understand the questions. We have collected the answers which will enable us to evaluate current knowledge and adapt future health sessions and questionnaires. Twenty five young people were present at the conference. Some care leavers took health leaflets and some asked specific questions which were answered, and they were also signposted to relevant services.

We devised a questionnaire to obtain the child's voice with regard to what they would like in their health passports and have received both verbal and written feedback. Following obtaining the children's and care leaver's views we met with Harrow Council and the Frameworki team to develop the recording process.

Health Promotion

Continual liaison with GP's to obtain immunisation history for our CLA both in and out of the borough as well as to follow up medical conditions.

Continual liaison with school nurses and health visitors.

TB leaflet developed by the team is now readily available on the CNWL website and there is a link to allow the leaflet to be downloaded.

CLA Specialist Nurse liaised with the clinical lead for Morning Lane and the team manager for the UASC team to enable them to share SDQ's in other languages. Email of thanks from Team manager received.

Liaison with care homes and Children Looked After Nurses for out of borough children.

Morning drop in clinic at Gayton.

Innovative Practice

CLA Specialist Nurse designed an interpreter's crib sheet and the Designated Doctor for Hillingdon shared this document at the National Meeting of the CoramBAAF health group. Email of thanks received from the Designated Doctor for CLA in Portsmouth.

Team News

Designated Nurse was contacted by the Interim Project Manager for UASC in NHS Thanet CCG to share our work, processes and service delivery of health assessments for UASC. This included sharing our TB leaflet, Handy Hints leaflet and interpreters crib sheet. As a result of how the CLA health team have set up their service for UASC in Harrow, Thanet CCG is planning to implement a similar service.

Email of thanks received. 'I am so grateful for you taking the time to talk to me. Thank you so much for this information it is very helpful'. (Sue Bowen)

Our first annual health report for CLA Harrow completed and will be shared with Corporate Parenting Board.

Future Plans

Working with Harrow Council to implement the agreed health passport for care leavers.

Analysis of client satisfaction audit.

Agree and implement request for medical advice for adoption. Meeting planned November.

To work in partnership with Harrow Council to improve timeliness of requests for IHA's.

We continue to gather health information about our Harrow CLA population.
(See appendix 2 and 3)

Report by Emma Hedley – Designated Nurse For Children Looked After Harrow, CNWL.
6th October 2016

Appendix 1

Comments from UASC, CLA, Care Leavers, Social Worker, Birth Parents, Interpreter and Carers.

I feel that were good for me because it shows me how tall and weight I am. Also I can share to her about my health, what I did and what I should do to improve. I feel I would like to have same day like this because it make me better.

(17 year old UASC)

A very good assessment with lots of actions/outcomes. Warm, calm approach. Engaged a very difficult young person.

X was thinking about things and considering different services and support. A great session.

I think that it went well (11 year old)

'It helped me with how tall I am and how much I grown. Also what I weigh. I helped her set up the equipment and helped her put it away. I answered the questions she asked me.' (8 year old)

'The nurse was very helpful and spoke to me and my granddaughter very kindly' (Grandparent)

'Emma was lovely and listened to me and also gave advice when was needed' (Carer of 2 year old)

'The assessment was alright overall. It wasn't boring or painstaking and I found it useful and enjoyable' (14 male)

'Today very good and helpful. I learnt a lot of things. Thank you' (16 UASC)

'It was very useful and helpful and helped me a lot' (16 UASC)

'I think the assessment went really well. I'm happy with assessment' (Grandmother)

'Very interesting and helpful service for X as he learnt not only new things but more about himself too. Just felt the amount of information was too much for one session and maybe translator could have helped more, but he felt confident and relaxed, thanks' (carer) – Interpreter requested

'I think the looked after nurse service has improved considerably since Laurie has taken on the cases of the children in my care. I believe the service is comprehensive and shows that she is in tune with the complete health of the children that she works with. I am pleased with this service and hope it continues' (Foster Carer)

Appendix 2

Where it is written 'out of' this is because some children are too young to register with a dentist/optician.

Up to date immunisations – consider unaccompanied asylum seeking children, out of borough children, parental refusal, and incomplete records.

All children referred to GP to complete outstanding immunisations.

Liaison with GP's for all children with incomplete immunisation history.

All children in process of booking dental and optician checks.

May 2016	IHA (5)		RHA (19)	
Registered with a GP	4 out of 4	100%	15 out of 15	100%
Registered with a dentist	1 out of 3	33%	11 out of 11	100%
Up to date dental check	1 out of 3	33%	9 out of 11	82%
Registered with optician	2 out of 3	67%	9 out of 9	100%
Up to date eye test	0 out of 3	0%	7 out of 9	78%
Up to date immunisations	1 out of 3	33%	12 out of 15	80%

IHA - 1 out of borough child – health assessment completed but awaiting paperwork.
1 sibling group of 6 – numerous placement moves and cancelled appointments.

RHA - 5 completed out of borough – awaiting paperwork for 4.
1 RHA completed for other authority.

June 2016	IHA (17)		RHA (14)	
Registered with a GP	17	100%	13 out of 13	100%
Registered with a dentist	12 out of 14	86%	13 out of 13	100%
Up to date dental check	10 out of 14	71%	13 out of 13	100%
Registered with optician	12 out of 14	86%	12 out of 12	100%
Up to date eye test	9 out of 14	64%	12 out of 12	100%
Up to date immunisations	7 out of 15	47%	9 out of 13	70%

IHA – 1 out of borough requires dental and eye check.

RHA - 1 completed out of borough – awaiting paperwork hence 13 out of 14 in table above.

July 2016	IHA (7)		RHA (7)	
Registered with a GP	6 out of 6	100%	7 out of 7	100%
Registered with a dentist	5 out of 6	83%	6 out of 6	100%
Up to date dental check	3 out of 6	50%	6 out of 6	100%
Registered with optician	6 out of 6	100%	6 out of 6	100%
Up to date eye test	6 out of 6	100%	6 out of 6	100%
Up to date immunisations	3 out of 6	50%	0 out of 7	0%

IHA - 1 Out of borough. Assessment completed and awaiting paperwork hence data above shows 6 out of 7.

RHA - 2 children have medical conditions where they have not been able to have their immunisations. Liaison has resulted in a letter of agreement for immunisations from the Community Paediatrician to the GP for one child. Immunisations to commence September 2016.
2 young people non-compliant with immunisations.

1 child – Birth father has refused consent for MMR.

August 2016	IHA 12 (out of 11)		RHA 16 (out of 15)	
Registered with a GP	8 out of 11	73%	14 out of 15	93%
Registered with a dentist	4 out of 7	57%	15 out of 15	100%
Up to date dental check	0 out of 7	0%	14 out of 15	93%
Registered with optician	4 out of 7	57%	15 out of 15	100%
Up to date eye test	2 out of 7	29%	12 out of 15	80%
Up to date immunisations	3 out of 7	43%	7 out of 15	47%

1 IHA – Out of borough. Assessment completed and awaiting paperwork hence data above shows 11 out of 12.

3 children not registered with a GP, 1 new born baby, 2 UASC

3 children not registered with a Dentist, 3 UASC

Appendix 3

Health Needs - May

Overweight (2), skin pigmentation, sensitive skin, dry skin, eczema, dry scalp, wears glasses (5), blocked nose (2), cow's milk intolerance, heart murmur, hygiene, increase tooth brushing (4), teeth whitening, hernia, baby in SCBU (Special Care Baby Unit), ringworm, ADHD (Attention Deficit Hyperactivity Disorder), attachment disorder, previous self-harm, sleep, low concentration, anger (3), cold (2), hay fever, vitamins, vitamin D, behaviour, speech, migraine, heat rash, constipation, smoking (5), alcohol (4), weed, cannabis (3),

UASC(1)

2 young people under YOT –Youth Offending Team (See Case Study) – Tag, Curfew.

1 young person - gang affiliation.

1 young person - non compliant.

1 young person – school exclusion.

1 young person awaiting outcome of forensic assessment.

1 young person known to sexual health.

1 child under gastroenterologist at Northwick Park Hospital.

1 child under occupational therapy – help with handwriting.

2 children under Paediatrician.

1 young person – lost weight since last health assessment and now height and weight in proportion.

2 children receiving play therapy.

1 child under private psychologist – to exclude autism, OCD (Obsessive Compulsive Disorder)

1 child on waiting list for Orthodontist.

1 young person braces removed.

2 young people accessing sexual health clinic.

1 child discharged from CAMHS – currently receiving art therapy.

1 child seen for clicky hips and discharged.

1 child seen for ?heart murmur and discharged.

June

Hole in the heart, heart murmur, dry skin (3), Asthma (4), tooth removal due to infection, wears glasses (6), squint, fillings (3), over weight (4), broken tooth, ADHD, finger injury, hand tremor, allergy to horses, allergy to strawberries and apple, Eczema, Tinnitus, knee pain, constipation, increase tooth brushing (2), Hay Fever (3), 1 young person is pregnant, anger, cannabis use, braces, vitamin D deficiency, G6PD deficiency, sleep, challenging behaviour, inappropriate sexual behaviour, bedwetting, smoking, headache, itchy scalp

3 children receive counselling

2 children receiving play therapy

1 child under Northwick Park Hospital – hole in the heart
1 child under Moorfields – squint
2 children under CAMHS – anger issues, behavior, hyper activity,
2 children under orthodontist – braces
1 child recurrent Tonsillitis – under GP
1 young person under Youth Offending Team

1 child discharged from Morning Lane
1 young person discharged from counselling
2 young people stopped smoking since last health assessment
1 young person stopped cannabis use and has agreed to accept support from Compass if required
1 child Eczema resolved
1 child due to start therapy at school – anger and anxiety issues
1 child discussed with Morning Lane and CAMHS
1 child discharged from Enuresis Clinic
1 young person seen at St Mary's for swollen eyes/build up of calcium – discharged
1 young person discharged from YOT since last health assessment
1 child seen by GP for ankle pain all satisfactory
1 young person declined to be weighed and measured
1 young person declined referral to smoking cessation
1 young person refused therapy for emotional well-being

UASC (5)

Harrow children placed out of borough within 20 miles (10)

July

Self-Harm, smoking (4), Cannabis (2), heart condition (2), wears glasses (2), planning to join a gym (3), hygiene, eyes, emotional well-being to be monitored(1), Autism, Post-Traumatic Stress, Sinusitis (2), poor sleep, suicidal thoughts, increase tooth brushing (3), diet, speech to be monitored, Asthma, Eczema, chipped tooth, Hay Fever, Epilepsy, poor memory, anger, anxiety, Complex needs (2) – development, Naso- gastric tube, Cerebral Palsy, Scoliosis, Lissencephaly, Microcephaly, Severe Learning Difficulties, visual and hearing impairment, PEHO Syndrome.

1 young person under Moorfields Eye Hospital
1 child under Great Ormond Street Hospital, North Middlesex Hospital, Audiology, Services for visually impaired
1 child under Royal Brompton Hospital, Harefield Hospital and Northwick Park Hospital
1 young person under Neurologist
2 children under Dietician
1 young person excluded from school for one week due to hitting another pupil – retaliation for bullying
2 young people went missing – now returned
1 child receiving play therapy
1 child receiving physiotherapy
1 young person under CAMHS
1 young person under The Haven, St Mary's
1 young person supported by advocate
4 young people refused referral to smoking cessation and advice given. – Advice also given by GP for 1 young person
1 young person attended Compass – declined further appointments
1 young person gave up smoking
1 young person gave up Cannabis
1 young person receiving sexual health and relationships support
1 young person due in court for knife crime and shop lifting – will be under YOT
1 young person non-compliant with health appointments and has previous custodial sentence
UASC 1 IHA
UASC 2 RHA

Harrow children placed out of borough within 20 miles (4)

Referrals - May

Referrals have been made to the GP to follow up health issues identified during health assessments; this has included
Immunisations (3), hearing, blocked nose (2), heart murmur, eczema, migraine, constipation,

Referrals have been made to the Optician (4), Dentist (5), Social Worker (2)– to enable the child to go swimming, to ensure healthy snacks are provided at contact, School Nurse – monitoring of weight and referral to speech therapy, smoking cessation (3), drug and alcohol support (2), CAMHS – out of borough, Health Visitor (2)– refer to speech therapy and refer to CDC (Child Development Centre), elbow and knee injury, sexual health, music group, audiology,

June

Immunisations(6), acne, increased passing urine, Asthma, finger injury, hand tremor, tinnitus, knee pain, heart murmur, counselling, in growing toe nail, generalised aches and pains (2), headache, itchy scalp

Referrals have been made to the Health Visitor to monitor speech, to join a local art club, to join a local gym (2),

Health advice given regarding toilet training, red cross, Morning Lane, monitor emotional well-being, Family Nurse Partnership, TB screening (3), Optician (5), School Nurse/ CLA Nurse to monitor weight (5) Dentist (3), Social Worker

July

Fullness of lower abdomen, immunisations (6), heart condition, Autism – referral to child development team, TB Screening, Health Visitor to follow up immunisations, for referral to Community Paediatrician and Epilepsy Specialist.

Referrals have been made to CAMHS, Dentist, local support group for sexuality, Morning Lane (3), CLA Nurse – to monitor weight and speech.